Please amend the Claims as follows:

- 1. (amended) A method of immunizing and monitoring immunization, comprising:
- a) providing: i) a human, and ii) an immunizing preparation comprising myelin basic protein and Incomplete Freund's Adjuvant;
 - b) immunizing said human with said immunizing preparation;
- c) obtaining a primary cell population from said human comprising T cells capable of secreting cytokines; and
- d) determining if said T cells are primarily Th2 cells secreting an antiinflammatory cytokine or primarily Th1 cells secreting an inflammatory cytokine, wherein said Th2 cells secreting an anti-inflammatory cytokine indicates that said immunizing is protective against multiple sclerosis.
- 25. (amended) A method of immunizing and monitoring immunization, comprising:
- a) providing: i) a human with symptoms of multiple sclerosis, and ii) an immunizing preparation comprising myelin basic protein and Incomplete Freund's Adjuvant;
 - b) immunizing said human with said immunizing preparation;
- c) obtaining a primary cell population from said human comprising T cells capable of secreting cytokines; and
- d) determining if said T cells are primarily Th2 cells secreting an antiinflammatory cytokine or primarily Th1 cells secreting an inflammatory cytokine, wherein said Th2 cells secreting an anti-inflammatory cytokine indicates that said immunizing is effective for treating symptoms of multiple sclerosis.
- 26. (amended) A method of immunizing and monitoring immunization, comprising:
- a) providing: i) a human, and ii) an immunizing preparation comprising myelin basic protein and Incomplete Freund's Adjuvant;
 - b) immunizing said human with said immunizing preparation;
- c) obtaining a primary cell population from said human comprising T cells capable of secreting cytokines;

